

First Aid Pocket Guide

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First Aid Pocket Guide

AID - Canadian Red Cross

FIRST AID POCKET GUIDE: Designed to fit in your pocket or be kept in a safe place in your home or vehicle, this guide will help you respond to a wide range of

First Aid Guide - The breaking news

First Aid Guide First aid is everyone's responsibility To be prepared to react confidently and without wasting time in either a life-threatening situation or a minor accident, we suggest you study this guide before an emergency occurs It has been carefully prepared to offer you basic emergency information, with topics listed below for quick and

THE ESSENTIAL GUIDE TO FIRST AID

THE ESSENTIAL GUIDE TO FIRST AID THE ESSENTIAL GUIDE TO FIRST AID 8 9 The first thing to do is to get the casualty to sit or lie down Raise his/her injured limb and support it in a comfortable position Apply a cold compress or an ice pack to the injured area to help reduce pain, bruising and swelling Leaving the cold compress or ice pack

Psychological first aid: Pocket guide - CMHA Calgary

Psychological first aid: Pocket guide people who need More than pfa alone: Some people will need much more than PFA alone Know your limits and ask for help from others who can provide medical or other assistance to save life ethicS: Ethical do's and don'ts are offered as guidance to avoid causing further harm to the

Psychological first aid: Guide for field workers

psychological first aid: pocket guide 53 referenceS & resourceS 55 Psychological first aid: Guide for field workers v content S chapter 1 understanding pfa 1 Psychological first aid: Guide for field workers in thiS chapter we diScuSS: 11 how do criSiS eventS affect people? 12 what iS

pfa?

American Red Cross First Aid/CPR/AED

First Aid Care for a Heart Attack If you think that a person is having a heart attack, call 9-1-1 or the designated emergency number immediately Trust your instincts Many people who are having a heart attack delay seeking care because they hope they are experiencing signs and

Pocket guide - Get Prepared

Pocket guide to emergencies FrontCoverENai 1 12-02-29 10:45 AMrontCoverENai 1 12-02-29 10:45 AM Chemical, Biological, Radiological garage and yard to aid visibility • Turn off propane or natural gas • Move all combustibles outside away something to guide you If you must travel, do so in daylight and let someone know your plans

How to support a survivor of gender-based violence when ...

While the Pocket Guide uses a Psychological First Aid framework (PFA), previous knowledge or training on PFA is not needed page 3 1 There are some contexts that have mandatory reporting rules related to certain types of cases Refer to your Protection focal point for further information and guidance

First Aid and CPR Manual - Infolific

paramedics are the best trained for medical emergencies, all are trained to administer first aid, and can be of assistance When activating the EMS stay calm and answer the questions that the dispatcher will ask They need to know things such as where you are, what happened, how many people are hurt, and who is doing first aid

First Aid/CPR/AED Instructor's Manual

The First Aid/CPR/AED program includes the following courses and modules, any of which can be combined (eg, Standard First Aid with CPR/AED—Adult): First Aid CPR—Adult CPR—Child CPR—Infant AED—Adult AED—Child Optional First Aid Modules and Lessons Asthma Inhaler (lesson plan available on Instructor's Corner)

An Owner s Manual to: EMERGENCY FIRST AID FOR DOGS

Also, the Red Cross offers a Pet First Aid app that's available for download (small fee applies) Search for it on your phone's app store THE AMERICAN KENNEL CLUB American Kennel Club E-Book - 14 The AKC is a not-for-profit organization and the largest purebred dog registry in the world

check call care ResouRces check call care

have turned to the Red Cross for quality first aid training Remember, when you participate in Red Cross health and safety programs, you help the Red Cross fulfill its mission of Wilderness and Remote First Aid Pocket Guide EVACUAtE RAPIDLy—Go FAST—Anyone ...

Basic First Aid - Grand County, CO

gloves in your first aid kit Remove gloves carefully Blood 2 Basic First Aid for the Community and Workplace Introduction Emotional Aspects of Providing First Aid Both the first aid provider and the victim may suffer emotional distress during and/or following a traumatic incident2 The seriousness or horror of the incident

NOLS WILDERNESS MEDICINE

Wilderness First Aid 30 page handout, First Aid Pocket Guide, a patient assessment bandana, NOLS Wilderness Medicine WFA certification and CPR certification Lodging is included but food is not in your price If you don't want to stay over you can deduct 600:- from the course fee

Psychological First Aid - Radio Amateurs of Canada

Psychological First Aid can be used before, during, or after a crisis event It allows for a holistic approach to health, where individuals learn how to care for themselves and others' psychosocial wellness Thank you for taking the time to learn more about Psychological First Aid

PRICE LIST - First Responder Training - CPR Training | HSI

BKPKT-15 CPR, AED, and Basic First Aid Pocket Guide \$165 Condensed reference guide to CPR/AED and Basic First Aid skills SKILL-15 CPR, AED, and Basic First Aid Skills Card \$055 A wallet-size guide to CPR/AED and Basic First Aid skills Spanish Materials-Available November 2016
DVDCPR-15SPCPR and AED Program DVD - Spanish \$5662